

Daily Schedule for Family Child Care Home

6:30 AM to 9:00AM

Arrival/quiet individual activities/breakfast

9:00AM to 9:15AM

Circle time/music and movement/story time

9:15AM to 10:45AM

Exploratory time infants includes sensory, language, creative, fine and gross motor activities

Exploratory time for older children includes discovery, dramatic play, language, and creative expression activities

10:45AM to 11:30AM

Outside time

11:30AM to 1:00PM

Toileting/wash up/story time/prepare for lunch/lunch

1:00PM to 3:00PM

Quiet time

3:00PM to 3:30PM

Wash up/snack

3:30PM to 5:15PM

Exploratory time (inside and outside)-see above

5:15PM to 6:00PM

Individual activities, departure

***Music played throughout the day

***Toileting/diapering done throughout the day

***Handwashing done at appropriate times throughout the day